



Local Pub, Locally Sourced, Freshly Made

NIBBLES

Mixed Olives £3.00

Crusty Bread- Extra Virgin Rapeseed Oil- Balsamic Vinegar £3.50 (or with **Olives** £6.00)

Garlic Ciabatta Bread £3.95/ **Cheddar** £4.95

Pesto Ciabatta Bread £3.95 / **Parmesan** £4.95

STARTERS

(v) Soup of the Day

Fresh Bloomer Bread £5.00

Mug O' Fish

Deep Fried Calamari - Battered King Prawns – Breaded White Bait - New England Seafood Sauce – Fennel, Capers & Rocket Salad £6.95

(v) Autumn Spiced Poached Pear

Shropshire Blue Cheese, Candied Walnuts, Chicory & Red Onion Salad – Red Wine Vinaigrette - Thyme Croutons £6.00

Welsh Mussels (check board for sauce of the day)

Ciabatta Bread £6.50 / £11.50 Main

(v) Indian Spiced Spinach, Lentil & Cashew Koftas

Indian Kachumber Salad – Mint & Cucumber Raita £5.95

Pan Fried Pigeon Breast

Game Chips – Port & Blackberry Dressing – Hazelnuts – Spring Onion - Watercress £6.50

(v) Home Made Nachos

Guacamole – Tomato Salsa - Sour Cream - Cheddar Cheese £5.75 (add Pulled Chicken for £1.50)

Venison, Pork & Juniper Berry Patty

Sweet & Sour Compote – Watercress & Spring Onion Salad – Crispy Bacon £6.50

FROM THE GRILL

Local Chargrilled Steak with a Tomato & Rocket Salad – Garlic Mushrooms - Onion Rings - Handcut Chips

10oz Rump £16.95

8oz Sirloin £17.50

10oz Rib Eye £18.95

20oz Rump £27.95 (Served on a chopping board) - Onion Rings – Garlic Mushrooms - Rocket & Tomato Salad - a bowl of Chips – good to share or for very hungry people!

Add Garlic Buttered King Prawns £3.95

Add – Peppercorn / Diane / Blue Cheese Sauce £3.00

The Sun Inn Mixed Grill

Rump Steak - Gammon Steak - ½ Chicken Breast - Pork Sausage - Fried Egg - Onion Rings – Garlic Mushrooms – Tomato - Peas - Handcut Chips. Ideal for large appetites! £18.95

10 oz Gammon Steak

Free Range Fried Egg- Grilled Pineapple - Handcut Chips – Garden Peas £11.95 (smaller portion £8.50)

Homemade 8oz Beef Burger - Tomato Relish – Tomatoes – Lettuce – Red Onions – Coleslaw - Handcut Chips

Sun'tern Fried Chicken Burger Lime Mayonnaise – Tomatoes – Lettuce – Red Onions – Coleslaw - Handcut Chips

All Burgers £11.00 (Smaller portion £9.00)

Customise your burger – add Mature Welsh Cheddar; Shropshire Blue Cheese; Onion Rings; Mushrooms; Fried Egg; Smoked Bacon; Black Pudding; Gherkins; Smoked Cheddar; Mozzarella **for £1 Each**

Light Bite Menu available
Every day from 12pm until 6pm

MAINS

Pulled Cajun BBQ Chicken

Homemade BBQ Baked Beans & Smoked Bacon – Corn on the Cob – Onion Rings – Cajun Spiced Fries - Coleslaw £13.50

Slow Roasted Five Spice Belly Pork

Crispy Crackling - Stir Fry Sesame Noodles – Asian Dressing – Wilted Pak Choi- Prawn Crackers £13.50

Pan Roast Lamb Rump

(Please allow 25-minute cooking time) Dauphinoise Potatoes – Sugar Snap Peas – Green Beans – Port Wine & Red Current Sauce £14.50

Chargrilled Chicken Breast 'Amatriciana' Risotto

(Tomato, Bacon, Chilli) - Marinated in Italian Herbs - Rocket & Fennel Salad - Basil Pesto Dressing £12.95

Home Farm Pork Sausages or Braised Faggots

Mash Potato – Onion & Cider Gravy – Choice of Spiced Red Cabbage or Peas £10.50 (smaller portion £8.50)

Pie of the Day (See board or ask staff)

Chips or Mash – Garden Peas - It's big! £13.00 (or smaller for £10.00) (Please allow 20 minutes cooking time)

Curry of the Day (Please see board for today's curry)

Served with Basmati Rice

Chicken £11.00 (Smaller portion £9.00)

King Prawn £12.50 (Smaller portion £9.75)

Vegetable £10.50 (Smaller portion £8.50)

Go ½ ½ with **Handcut Chips & Rice** for £1.50

FISH

Beer Battered Haddock

Pea Puree - Tartare Sauce - Handcut Chips £12.50 (Smaller portion £9.50)

Tapenade Crusted Cod Loin

Parmentier potatoes - Chargrilled Courgettes & Fennel - Chorizo, Tomato & Lemon Sauce £13.50

Oven Baked Whole Plaice

Herb Crushed New Potatoes – Green Beans - Zesty Buttered Samphire £11.95

VEGETARIAN

Spicy Homemade Vegetable Burger

Tomato Relish – Tomatoes – Lettuce- Red Onions – Coleslaw – Chips £11.00 (Choice of toppings from meaty burger options)

Aubergine & Courgette Involtni (Parcels)

Stuffed with Winter Kale, Ricotta, Chestnuts & Parmesan Provençale Sauce – Parmentier Potatoes – Rocket & Tomato Salad – Crispy Leeks £11.00

Linguine with a Mushroom & Lentil Ragù

Rocket & Tomato Salad – Garlic Bread £11.00

**When you are ready,
Please order at the bar**

WINE OF THE MONTH

Sauvignon Blanc, Costa Vera (Chile) £17.50

Crisp dry white with vibrant grassy character and hints of tropical fruits

Cabernet Sauvignon, Costa Vera (Chile) £17.50

Easy drinking, Rich fruity character with a soft, cassis laden palate and hints of spice

SIDE ORDERS

Chips £3.00
Cajun Spiced Fries £3.00
Peppercorn / Diane / Blue Cheese Sauce £3.00
Mash potatoes £2.50
Dauphinoise Potatoes £3.00
Side Salad £3.00
Mushrooms £1.50
Bowl of Onion Rings £3.00
Coleslaw £1.50
Seasonal Vegetables £3.00
Rocket, Tomato & Parmesan Salad £3.50

LITTLE PERSONS MENU

All dishes are £6.00 and come with a **free scoop of ice cream for pudding!** (Suitable for children up to 10 years old)

Tuck Shop Pop (sugar free) £1.10 – Cola / Lemonade
Cherryade / Limeade

Soup & Bread (£4.00)
Burger & Chips
Gammon & Chips
Sausage, Mash & Gravy
Battered Haddock Goujons & Chips
Chicken Nuggets & Chips
Penne (In place of Macaroni) Cheese & Garlic Bread
Homemade Mini Margherita Pizza & Chips

All dishes come with a choice of **Beans** or **Peas**

If you have any special dietary requirements or allergies please let us know as certain allergens may relate to just one component of the dish, which may easily be substituted or removed as all our food is made fresh in our kitchen. Please speak to a member of the team who will be happy to help.

PUDDINGS

Chocolate Brownie

Chocolate Sauce – Vanilla Ice Cream £5.75

Baked Vanilla Cheesecake

Blueberry Compote – Pouring Cream £5.75

Apple & Blackberry Crumble

Choice of Ice Cream or Custard £5.75

Sticky Toffee Pudding

Butterscotch Sauce – Clotted Cream Ice Cream £5.75

Belgian Waffle

Chocolate Sauce – Vanilla Ice Cream £5.75

Chocolate & Baileys Crème Brulee

Shrewsbury Biscuit £5.50

Cheshire Farm & Woodlands of Erbistock

Ice Creams Choose **3 scoops** of the following all served with a homemade Shrewsbury biscuit for £5.50 –

Vanilla / Chocolate / Strawberry / Honeycomb / Espresso / Salted Caramel / Bubble-Gum / Rum & Raisin / Lime Sorbet / Blackcurrant Sorbet

CHEESEBOARD

Smoked Cheddar / Mature Cheddar /
Shropshire Blue / Welsh Brie / Goats Cheese

Tomato Chutney - Biscuits

3 Cheeses for £6.75 or All 5 Cheeses for £8.75

Taylor's Port £3.50

PUDDING WINES

Vistamar late Harvest Moscatel (Chile)

- 375ml btl £12.50 – 80ml glass £3.00

(Papaya, Peach & Honey Aromas & Honeyed-fruit flavours)

Muscat de Saint-Jean-de-Minervois, (France)

- 375ml btl £12.50 – 80ml glass £3.00

(Soft, Grapey, Aromatic & Deliciously Sweet)

COFFEE

Cafetiere £2.50 per person

Espresso £1.75

Americano £2.00

Double Espresso / Cappuccino / Latte £2.75

Hot Chocolate £2.75

Baileys Hot Chocolate / Latte £5.00

Luxury Hot Chocolate (cream and marshmallows) £3.50

Mocha (Hot Chocolate with a shot of Espresso Coffee)

£3.50

Tea / Decaf Tea / Earl Grey / Green / Pepper Mint /

Orange / Blackcurrant / Camomile / Forest Berries £2.25

Liqueur Coffees –

Parisienne (Brandy) / **Gaelic** (Scottish Whisky) /

Irish (Irish whiskey) / **French** (Grand Marnier) /

Italian (Amaretto) / **English** (Gin) / **Calypso** (Tia Maria)

Russian (Vodka) / **Seville** (Cointreau) - All £5.00