



Local Pub, Locally Sourced, Freshly Made

NIBBLES

Mixed Olives £3.00

Crusty Bread- Extra Virgin Rapeseed Oil- Balsamic Vinegar £3.50 (or with **Olives** £6.00)

Garlic Ciabatta Bread £3.95/ **Cheddar** £4.95

Pesto Ciabatta Bread £3.95 / **Parmesan** £4.95

STARTERS

(v) Soup of the Day

Fresh Bloomer Bread £4.95

Pan Fried Pigeon Breast

Red Wine & Blackberry Sauce-Roasted Leeks & Wild Mushrooms- Dauphinoise Potato £6.50

(V)Indian Spiced Pakoras (Courgette, Cauliflower, Spinach & Onions)

Mint Raita-Mango & Coriander Chutney- Kachumber Salad £6.00

(v) Home Made Nachos

Guacamole -Tomato Salsa - Sour Cream - Cheddar Cheese £5.75

Chicken Satay Skewers

Spicy Peanut Dipping Sauce-Cucumber and Spring Onion Salad £6.25

Crispy Chilli Beef

Spicy Asian Salad – Oriental Dressing – Prawn Crackers £6.25

Smoked Mackerel & Horseradish Pate

Beetroot & Red Onion Relish – Herb Crostini £6.25

Bucket of Devilled Whitebait

New England Seafood Sauce – Fennel, Capers & Rocket Salad £5.95

FROM THE GRILL

Local Chargrilled Steak with a Tomato & Rocket Salad – Garlic Mushrooms - Onion Rings - Handcut Chips

10oz Rump £16.95

8oz Sirloin £17.50

10oz Rib Eye £18.95

20oz Rump £27.95 (Served on a chopping board) - Onion Rings -Garlic Mushrooms - Rocket & Tomato Salad - a bowl of Chips – good to share or for very hungry people!

Add Garlic Buttered King Prawns £3.95

Add- Green Peppercorn / Diane/ Blue Cheese £3

The Sun Inn Mixed Grill

Rump Steak - Gammon Steak - ½ Chicken Breast - Pork Sausage - Fried Egg - Onion Rings – Garlic Mushrooms – Tomato - Peas - Handcut Chips. Ideal for large appetites! £18.95

10 oz Gammon Steak

Free Range Fried Egg- Grilled Pineapple - Handcut Chips – Garden Peas £11.95 (smaller portion £8.50)

Homemade 8oz Beef Burger - Tomato Relish – Tomatoes – Lettuce – Red Onions – Coleslaw - Handcut Chips £11.00 (Smaller portion £8.00)

Hunters Chicken Burger Bacon – Monterey Jack Cheese – BBQ Sauce - Tomatoes – Lettuce – Red Onions – Coleslaw - Handcut Chips £13.00 (Smaller portion £11.00)

Customise your burger – add Mature Welsh Cheddar; Shropshire Blue Cheese; Onion Rings; Mushrooms; Fried Egg; Smoked Bacon; Smoked Cheddar; Pineapple **for £1 Each**

Light Bite Menu also available
Every day from 12pm until 6pm

MAINS

The Sun Inn Ploughman's

Mature Cheddar – Stilton Blue- Welsh Brie- Pork Pie –Ham – Celery & Apple Salad – Pickle Onions – Homemade Apple & Fig Chutney – Crusty Ciabatta £12.50 (Vegetarian Option £10.00)

Roasted Duck Breast

Dauphinoise – Green Beans – Roast Carrots – Black Cherry & Brandy Sauce £13.50

Trio of Pork. (Cider Poached Belly Pork, BBQ Bourbon Glazed Ribs, Pulled Pork Croquettes)

Cajun Spicy Fries-Celeriac Slaw- Homemade Baked Beans & Bacon-Chargrilled Corn on the Cob-Crispy Crackling £12.95

Roast Chicken Supreme

Marsala & Sage Cream Sauce – Crispy Bacon - Garlic & Thyme Parmentier Potatoes- Charred Asparagus £12.95

Pie of the Day (See blackboards or ask a member of staff)

Chips or Mash – Garden Peas - It's big! £13.00

(Smaller Portion £10.00) (Please allow 20 minutes cooking time)

Home Farm Pork Sausages or Braised Faggots

Mash Potato –Cider Onion Gravy– Choice of Spiced Red Cabbage or Peas £10.50 (smaller portion £8.50)

Curry of the Day (check blackboard for sauce of the day)

Served with Basmati Rice

Chicken £11.00 (Smaller portion £9.00)

King Prawn £12.50 (Smaller portion £9.75)

Vegetable £10.50 (Smaller portion £8.50) (Not always suitable for vegetarians)

Go ½ ½ with **Handcut Chips & Rice** for £1.50

FISH

Beer Battered Haddock

Pea Puree - Tartare Sauce - Handcut Chips £12.50 (Smaller portion £9.50)

Pan Fried Seabass

Roasted Thyme New Potatoes – Green beans – White Wine & Prawn Butter & Samphire Sauce £12.95

Pan Fried Seatrout

Parmentiere Potatoes - Tomato & Chorizo Sauce –Broccoli £12.50

VEGETARIAN

Homemade Spicy Falafel Burger

Halloumi- Cumin Yoghurt – Tomatoes – Lettuce- Red Onions – Coleslaw – Chips £12.00 (Choice of toppings from meaty burger options)

Tempura Tofu Stir Fry

Spicy Szechuan sauce-Stir fried Vegetables - Sesame egg noodles- Spicy Cashew nuts £11.00

Spinach & Ricotta Tortellini

Roasted Red Pepper Sauce –Parmesan, Rocket, Radish & Fennel Salad £11.00

**When you are ready
Please order at the bar**

SIDE ORDERS

Chips £3.00
Cajun Fries £3.00
Green Peppercorn / Diane / Blue Cheese Sauce £3.00
Mash potatoes £2.50
Side Salad £3.00
Mushrooms £1.50
Bowl of Onion Rings £3.00
Coleslaw £1.50
Seasonal Vegetables £3.00
Rocket, Tomato & Parmesan Salad £3.50
Dauphinoise Potatoes £3.50

LITTLE PERSONS MENU

All dishes are £6.00 and come with a **free scoop of ice cream for pudding!**
(Suitable for children up to 10 years old)

Tuck Shop Pop (sugar free) £1.00 –
Lemonade Cherryade / Orangeade / Limeade

Soup & Bread (£4.00)
Burger & Chips
Gammon & Chips
Sausage, Mash & Gravy
Battered Haddock Goujons & Chips
Chicken Nuggets & Chips
Penne (In place of Macaroni) Cheese & Garlic Bread
Homemade Mini Margherita Pizza & Chips

(All Children's meals come with a choice of
Baked Beans or Peas)

If you have any special dietary requirements or allergies please let us know as certain allergens may relate to just one component of the dish, which may easily be substituted or removed as all our food is made fresh in our kitchen. Please speak to a member of the team who will be happy to help.

Homemade Desserts

Vanilla Crème Brulee

Shrewsbury Biscuit £5.50

Chocolate Brownie

Chocolate sauce and Toffee Fudge Ice Cream £5.75

Pavlova with Summer Berries

Chantilly Cream £5.75

Gooseberry and Elderflower Fool

Biscotti Biscuit £5.50

Belgian Waffle

Butterscotch Sauce – Vanilla Ice Cream £5.50

Sticky Toffee Pudding

Vanilla Ice Cream - Butterscotch Sauce £5.75

Cheshire Farm & Woodlands of Erbistock

Ice Creams with a homemade Shrewsbury biscuit

3 Scoops £5.50 / 2 Scoops £3.70 / 1 Scoop £1.90

Vanilla / Chocolate / Strawberry / Honeycomb / Jaffa Cake /
Bubble-Gum / Rum & Raisin / Salted Caramel /
Irish Cream / Toffee Fudge /
Green Apple Sorbet / Blackcurrant Sorbet

CHEESEBOARD

Smoked Cheddar / Mature Cheddar /
Shropshire Blue / Welsh Brie / Goats Cheese

Homemade Chutney - Biscuits
3 Cheeses for £6.75 or All 5 Cheeses for £8.75

PUDDING WINES

Monbazillac, Chateau Le Fage (France)

3.20 80ml / 12.50 half bottle

This is a luscious dessert wine, brimming with ripe botrytized fruit, both complex and intense.

Minervois, Muscat de Saint-Jean (France)

3.20 80ml / 12.50 half bottle

A soft, grapy desert wine which is both highly aromatic & deliciously sweet.

COFFEE

Cafetiere £2.50 per person

Espresso £1.75

Americano £2.00

Double Espresso / Cappuccino / Latte £2.75

Hot Chocolate £2.75

Baileys Hot Chocolate / Latte £5.00

Luxury Hot Chocolate (cream and marshmallows) £3.50

Mocha (Hot Chocolate with a shot of Espresso Coffee)
£3.50

Tea / Decaf Tea / Earl Grey / Green / Pepper Mint /

Orange / Blackcurrant / Camomile / Forest Berries £2.25

Liqueur Coffees –

Parisienne (Brandy) / **Gaelic** (Scottish Whisky) /

Irish (Irish whiskey) / **French** (Grand Marnier) /

Italian (Amaretto) / **English** (Gin) / **Calypso** (Tia Maria)

Russian (Vodka) / **Seville** (Cointreau) - All £5.00