



## Local Pub, Locally Sourced, Freshly Made

### NIBBLES

**Mixed Olives** £3.00

**Crusty Bread**- Extra Virgin Rapeseed Oil- Balsamic Vinegar £3.50 (or with **Olives** £6.00)

**Garlic Ciabatta Bread** £3.95/ **Cheddar** £4.95

**Pesto Ciabatta Bread** £3.95 / **Parmesan** £4.95

**Warm Pork Pie** – Homemade Piccalilli £2.00

### STARTERS

#### **(v) Soup of the Day**

Fresh Bloomer Bread £5.00

#### **Breaded White Bait**

Lime Mayonnaise – Buttered Wholemeal Bloomer Bread £5.50

#### **Mug O' Fish**

Deep Fried Calamari - Battered King Prawns – Breaded White Bait - New England Seafood Sauce – Fennel, Capers & Rocket Salad £6.95

#### **(v) Stuffed Field Mushroom**

Blue Cheese – Spinach – Herb Crust – Pickled Pear – Toasted Hazelnuts – Watercress Salad £6.00

#### **Welsh Mussels** (check board for sauce of the day)

Ciabatta Bread £6.50 / £11.50 Main

#### **Pan Fried Pigeon Breast**

Beetroot, Walnut & Watercress Salad – Whisky Dressing £6.00

#### **(v) Home Made Nachos**

Guacamole – Tomato Salsa - Sour Cream - Cheddar Cheese £5.75 (add Pulled Chicken for £1.50)

#### **Smoked Haddock & Prawn Fishcakes**

Curried Mayo – Spring Onion & Watercress Salad £6.50

### FROM THE GRILL

Local Chargrilled Steak with a Tomato & Rocket Salad – Garlic Mushrooms - Onion Rings - Handcut Chips

**10oz Rump** £16.95

**8oz Sirloin** £17.50

**10oz Rib Eye** £18.95

**20oz Rump** £27.95 (Served on a chopping board) - Onion Rings – Garlic Mushrooms - Rocket & Tomato Salad - a bowl of Chips – good to share or for very hungry people!

**Add Garlic Buttered King Prawns** £3.95

**Add – Peppercorn / Diane / Blue Cheese Sauce** £3.00

#### **The Sun Inn Mixed Grill**

Rump Steak - Gammon Steak - ½ Chicken Breast - Pork Sausage - Fried Egg - Onion Rings – Garlic Mushrooms – Tomato - Peas - Handcut Chips. Ideal for large appetites! £18.95

#### **10 oz Gammon Steak or Roast Ham** (served cold)

Free Range Fried Egg- Grilled Pineapple - Handcut Chips – Garden Peas £11.95 (smaller portion £8.50)

**Homemade 8oz Beef Burger** - Tomato Relish – Tomatoes – Lettuce – Red Onions – Coleslaw - Handcut Chips

**Sun'thern Fried Chicken Burger** Lime Mayonnaise – Tomatoes – Lettuce – Red Onions – Coleslaw - Handcut Chips

**All Burgers** £11.00 (Smaller portion £9.00)

**Customise your burger** – add Mature Welsh Cheddar; Shropshire Blue Cheese; Onion Rings; Mushrooms; Fried Egg; Smoked Bacon; Black Pudding; Gherkins; Smoked Cheddar; Mozzarella **for £1 Each**

Light Bite Menu available every day from 12pm until 6pm

### MAINS

#### **The Sun Inn Ploughman's**

Mature Cheddar – Stilton – Welsh Brie - Pork Pie – Ham – Celery & Apple Salad – Pickle Onions – Homemade Tomato Chutney – Crusty Bread £11.75 (Vegetarian Option £10.00)

#### **Pulled BBQ Chicken**

Homemade BBQ Baked Beans & Smoked Bacon – Corn on the Cob – Onion Rings – Cajun Spiced Fries - Coleslaw £13.50

#### **Chargrilled Pork Loin Steak**

Creamy Madeira Sauce – Sautéed Greens – Roasted Garlic & Rosemary New Potatoes – Crispy Smoked Bacon £12.95

#### **Pan Roast Lamb Rump**

(Please allow 25-minute cooking time) Herb Crushed New Potatoes – Sugar Snap Peas – Green Beans – Port Wine & Red Current Sauce £14.50

#### **Chargrilled Chicken Breast 'Amatriciana' Risotto**

(Tomato, Bacon, Chilli) - Marinated in Italian Herbs - Rocket & Fennel Salad - Basil Pesto Dressing £12.95

#### **Home Farm Pork Sausages or Braised Faggots**

Mash Potato – Onion & Cider Gravy – Choice of Spiced Red Cabbage or Peas £10.50 (smaller portion £8.50)

#### **Pie of the Day** (See board or ask staff)

Chips or Mash – Garden Peas - It's big! £13.00 (or smaller for £10.00) (Please allow 20 minutes cooking time)

#### **Curry of the Day** (Please see board for today's curry)

Served with Sticky Jasmine Rice

**Chicken** £11.00 (Smaller portion £9.00)

**King Prawn** £12.50 (Smaller portion £9.75)

**Vegetable** £10.50 (Smaller portion £8.50)

Go ½ ½ with **Handcut Chips & Rice** for £1.50

### FISH

#### **Beer Battered Haddock**

Pea Puree - Tartare Sauce - Handcut Chips £12.50 (Smaller portion £9.50)

#### **Tapenade Crusted Cod Loin**

Parmentier potatoes - Chargrilled Courgettes & Fennel - Chorizo, Tomato & Lemon Sauce £13.50

#### **Oven Baked Whole Plaice**

Herb Crushed New Potatoes – Green Beans - Zesty Buttered Samphire £11.95

#### **Seared Tuna Steak**

Spicy Jambalaya Sauce - Basmati Rice - King Prawns – Chorizo £14.50

### VEGETARIAN

#### **Spicy Homemade Vegetable Burger**

Tomato Relish – Tomatoes – Lettuce- Red Onions – Coleslaw – Chips £11.00 (Choice of toppings from meaty burger options)

#### **Wild Mushroom Stroganoff**

Coriander & Almond Rice – Garlic Ciabatta £11.00

#### **Mediterranean Vegetable & Goats Cheese Lasagna**

Rocket, Spinach & Tomato Salad – Garlic & Rosemary Ciabatta £11.00

**When you are ready,  
please order at the bar**

## WINE OF THE MONTH

### **Malbec, MA (French) £18**

A Mighty Malbec. Intense richness of fruit, soft red currents and coffee flavours

### **Gewurztraminer, Alsace (French) £15**

Medium bodied & semi sweet with tropical fruits and sweet spices

## SIDE ORDERS

Chips £3.00  
Peppercorn / Diane / Blue Cheese Sauce £3.00  
Mash potatoes £2.50  
Side Salad £3.00  
Mushrooms £1.50  
Bowl of Onion Rings £3.00  
Coleslaw £1.50  
Seasonal Vegetables £3.00  
Rocket, Tomato & Parmesan Salad £3.50

## LITTLE PERSONS MENU

All dishes are £6.00 and come with a **free scoop of ice cream for pudding!** (Suitable for children up to 10 years old)

Tuck Shop Pop (sugar free) £1.10 – Cola / Lemonade  
Cherryade / Limeade

Soup & Bread (£4.00)  
Burger & Chips  
Gammon & Chips  
Sausage, Mash & Gravy  
Battered Haddock Goujons & Chips  
Chicken Nuggets & Chips  
Penne (In place of Macaroni) Cheese & Garlic Bread  
Homemade Mini Margherita Pizza & Chips

All dishes come with a choice of **Beans** or **Peas**

If you have any special dietary requirements or allergies please let us know as certain allergens may relate to just one component of the dish, which may easily be substituted or removed as all our food is made fresh in our kitchen. Please speak to a member of the team who will be happy to help.

## PUDDINGS

### **Chocolate Brownie**

Chocolate Sauce – Vanilla Ice Cream £5.50

### **Baileys Cheesecake**

Salted Caramel Ice Cream £5.75

### **Summer Berry Eton Mess**

Meringue – Chantilly Cream £5.75

### **Apple & Autumn Berry Crumble**

Vanilla Custard £5.75

### **Sticky Fig Pudding**

Butterscotch Sauce – Clotted Cream Ice Cream £5.75

### **Belgian Waffle**

Chocolate Sauce – Vanilla Ice Cream £5.75

### **Vanilla Crème Brulee**

Shrewsbury Biscuit £5.75

### **Cheshire Farm & Woodlands of Erbistock**

**Ice Creams** Choose **3 scoops** of the following all served with a homemade Shrewsbury biscuit for £5.50 –

Vanilla / Chocolate / Strawberry / Honeycomb / Espresso /  
Salted Caramel / Bubble-Gum / Rum & Raisin / Lime Sorbet /  
Blackcurrant Sorbet

## CHEESEBOARD

Smoked Cheddar / Mature Cheddar /  
Shropshire Blue / Welsh Brie / Goats Cheese

Tomato Chutney - Biscuits

3 Cheeses for £6.75 or All 5 Cheeses for £8.75

**Taylor's Port £3.50**

## PUDDING WINES

### Vistamar late Harvest Moscatel (Chile)

- 375ml btl £12.50 – 80ml glass £3.00

(Papaya, Peach & Honey Aromas & Honeyed-fruit flavours)

### Muscat de Saint-Jean-de-Minervois, (France)

- 375ml btl £12.50 – 80ml glass £3.00

(Soft, Grapey, Aromatic & Deliciously Sweet)

## COFFEE

Cafetiere £2.50 per person

Espresso £1.75

Americano £2.00

Double Espresso / Cappuccino / Latte £2.75

Hot Chocolate £2.75

Baileys Hot Chocolate / Latte £5.00

Luxury Hot Chocolate (cream and marshmallows) £3.50

Mocha (Hot Chocolate with a shot of Espresso Coffee)  
£3.50

Tea / Decaf Tea / Earl Grey / Green / Pepper Mint /  
Orange / Blackcurrant / Camomile / Forest Berries £2.25

Liqueur Coffees –

**Parisienne** (Brandy) / **Gaelic** (Scottish Whisky) /

**Irish** (Irish whiskey) / **French** (Grand Marnier) /

**Italian** (Amaretto) / **English** (Gin) / **Calypso** (Tia Maria)

**Russian** (Vodka) / **Seville** (Cointreau) - All £5.00